

plexus

Slim[®]

Less hunger.
More Control^{™*}





Don't let **hunger** take control.



Eating right is an important part of the recipe for success when it comes to weight loss. But hunger strikes at the worst possible moments, making it challenging to stick to your diet.

Now, you can outwit your hunger with Plexus Slim® Hunger Control. This delicious pink drink is specially formulated with polydextrose at levels clinically demonstrated to help curb your hunger. It's the support you need to overcome poor eating habits and achieve your weight loss goals.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Feel full. Feel good.

Dieting can leave you feeling hungry and unsatisfied, but it doesn't have to. Drinking Slim Hunger Control 30-60 minutes before a meal helps you feel full and reduces your desire to eat more than you should.*

Polydextrose is what makes Slim Hunger Control such an effective weight loss supplement. This unique low-calorie soluble fiber helps you feel full longer and eat less, empowering you to make healthy choices surrounding your diet.*

How polydextrose keeps you feeling full and satisfied:



Polydextrose attracts water and swells, taking up space in your stomach.



Experiencing less hunger gives you more control, enabling you to form healthier eating habits.*



Resistant to digestive enzymes, polydextrose leaves the stomach slowly, helping you feel satiated longer.*



*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Hunger control + healthy glucose metabolism?*

Now that's sweet.

Candies and desserts aren't the only foods tempting your sweet tooth these days. Processed foods, and even foods not usually seen as "sweets," are saturating the American diet with "hidden" sugars. If your body can't metabolize that sugar properly, it can lead to serious health problems.

The chromium in Slim Hunger Control can help support a healthy glucose metabolism. Another sweet thing is that chromium can also help the body metabolize carbohydrates and fats. With a properly functioning metabolism, your body can utilize the nutrients and energy it needs to function at its best.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



PLEXUS SLIM®

Less hunger. More control.™*

SLIM WAS CLINICALLY DEMONSTRATED TO HELP PEOPLE LOSE WEIGHT BOTH SAFELY AND EFFECTIVELY.*



Globally, the number of overweight adults has increased by 28% since the early 1980s.¹



High-calorie foods have become increasingly available, accessible, and affordable.³



Developing healthy eating habits is a critical component of successful, long-term weight management.⁴

plexus

Living to eat, or eating to live?

Food plays a major role in our health, but for millions of people around the world, overeating is causing significant weight management problems.

- Globally, the number of overweight adults has increased by 28% since the early 1980s.¹
- Hunger increases the desire to consume high-calorie foods.²
- High-calorie foods have become increasingly available, accessible, and affordable.³
- Triggers such as stress and negative mood states also contribute since they can increase the desire to eat “comfort” foods and lead to excessive binge eating.^{4,5}
- Excessive overeating can alter your body’s gastrointestinal chemistry that signals you’re full. This can cause a spiral effect, increasing feelings of hunger and leading to further weight gain.⁶
- Developing healthy eating habits is a critical component of successful, long-term weight management.⁴

Slim Hunger Control offers the support you need to curb hunger, form healthy habits, and achieve your weight loss goals. In a placebo-controlled study of 175 participants, Slim was clinically demonstrated to help people lose weight both safely and effectively.^{00*}

Sources:

1. [http://www.primarycare.theclinics.com/article/S0095-4543\(15\)00098-6/abstract](http://www.primarycare.theclinics.com/article/S0095-4543(15)00098-6/abstract)
2. <https://www.ncbi.nlm.nih.gov/pubmed/19028527>
3. <http://www.nejm.org/doi/full/10.1056/NEJMoa1614362?query=TOC&>
4. <https://www.hindawi.com/journals/job/2013/240128/>
5. <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC4026680/>
6. <https://www.ncbi.nlm.nih.gov/pubmed/23295637>

*Participants in an independent, randomized, double-blind, placebo-controlled, human clinical study, who used one pack of Slim twice a day lost an average of 5.45 pounds in 8 weeks, while the placebo group lost an average of 3.12 pounds. There was a trend to weight decrease with Slim group (p=0.059).

***These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.**

Specially- formulated to help you shed pounds*

Want to look your best for an upcoming event or maintain a healthier weight? No matter your goals, Slim Hunger Control's unique formula can help you achieve them—all with a refreshing flavor and only 20 calories!*

Slim Hunger Control's advantage:

- Clinically demonstrated to help you lose weight*
- Helps to reduce hunger*
- Supports healthy glucose metabolism*
- Delicious blood orange, lemon, lime flavor
- No artificial sweeteners or flavors
- Only 20 Calories
- 30 single serve packets for on-the-go convenience
- Gluten Free, 100% Vegetarian, Non-GMO

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



The
Slim Family—
Designed to
work hand in
hand



Get healthy and happy with the Slim family, which now offers targeted solutions for weight loss and gut health. Use Slim Hunger Control alongside Slim Microbiome Activating to take your health to the next level. These two products work together to help you manage your weight, balance your gut microbiome, and support healthy glucose levels.*

*The results of an in vitro human gut simulator study suggest that Slim's formula may have several beneficial effects. Further research, including research conducted in humans, is needed to confirm these preliminary findings.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Slim Hunger Control

Stave off hunger with increased polydextrose, a unique fiber that attracts water and takes up space in your stomach to help you feel full and satisfied, and reduces your desire to overeat.*

Slim Microbiome Activating

Support optimal gut health with xyooligosaccharide (XOS). This special prebiotic fiber helps your microbiome thrive by activating friendly microbes like Akkermansia, which positively impacts disrupted metabolism associated with being overweight.†*

Experience less hunger. Enjoy more control.*

With clinically-demonstrated weight loss benefits, Slim Hunger Control is the pink drink you'll reach for time and time again!*



Try Plexus Products
Risk-free!



*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.

Plexus Worldwide, Scottsdale, AZ 85258 (480) 998-3490 • plexusworldwide.com • CS@plexusworldwide.com
Copyright © 2018 Plexus Worldwide, LLC. All Rights Reserved • 06/2018 M1-SLHCBR-X25A