

PLEXUS BOOST™

Traditional Remedy for Suppressing Hunger.*

With a proprietary blend of botanicals and superfoods, its simple and effective for hunger, long gone.

FIGHT HUNGER, WITH TRADITION?*

Some things never change. Like the challenges in maintaining healthy weight. Even if you're committed to making the positive changes needed to live a happier, healthier lifestyle, there are "those times" when we could all use a little help. At celebrations, graduations, special events, and whenever the just-because-you-want-to-eat-that moment pops up, Boost has your back.

A trusted, traditional appetite suppressant, Boost contains plant-sourced ingredients, similar to those used ages ago and through the years by tribal East Indians, to help curb hunger.*

Boost can help you triumph and overcome food temptations by stopping them before they start.* With active ingredients Caralluma Fimbriata, green tea extract, higenamine and yerba mate combined, Boost can bring the support you need to suppress an overactive appetite!*

Participants in clinical studies¹ showed significant decreases in hyperphagia, or excessive hunger, after Caralluma Fimbriata intake.*

CONQUER CRAVINGS, NATURALLY*

Plexus Boost, when taken daily, supports your commitment to healthy living. Boost helps reduce your inclination to eat, by minimizing hunger. So you eat less, naturally, the way the tribal East Indians did. Let history repeat itself.*

PRIMARY BENEFITS

- HELPS SUPPRESS HUNGER WITH CARALLUMA FIMBRIATA*

PLEXUS ADVANTAGE

- GLUTEN FREE
- 100% VEGETARIAN

WHO SHOULD BUY THIS PRODUCT?

Adults seeking a safe, traditional, appetite suppressant can benefit from Plexus Boost.

DID YOU KNOW

Caralluma Fimbriata was eaten by tribesmen in North Africa and India during long hunting expeditions to ward off hunger, and to help ancient peoples survive times of famine².

¹ Griggs JL, Su XQ, Mathai ML. Caralluma Fimbriata Supplementation Improves the Appetite Behavior of Children and Adolescents with Prader-Willi Syndrome. N Am J Med Sci. 2015 Nov;7(11):509-16.

²https://en.wikipedia.org/wiki/Caralluma_adscendens

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



FREQUENTLY ASKED QUESTIONS

When is the best time to take Plexus Boost?

To get the most benefit from Plexus Boost, take up to 2 capsules in the morning to help minimize hunger throughout the day.

How many servings of Plexus Boost can be taken daily?

A single, recommended serving of Plexus Boost can be taken once a day.

Why should I take Plexus Boost?

If you need a little help in reducing hunger and the cravings that can go with it, Plexus Boost can go a long way. It's a safe, effective appetite suppressant powered with a proprietary blend of botanicals and superfoods. One such botanical is Caralluma Fimbriata, an edible cactus, used for centuries by tribal East Indians and other peoples to help ease feelings of hunger.*

Can I take Plexus Boost with other Plexus products?

Yes. Plexus Boost is designed to partner well with our companion product, Plexus Slim®.

Is Plexus Boost Gluten Free and 100% Vegetarian?

Yes.

How long should I take Plexus Boost?

To help jumpstart weight management benefits, Plexus Boost should be taken alongside Plexus Slim, though it is not intended for long-term use.

Suggested Use: Take 1-2 capsules

Supplement Facts		
Serving Size 2 Capsules		
Servings Per Container 30		
	Amount Per Serving	%DV
Niacin (as niacinamide)	20 mg	100%
Vitamin B6 (as pyridoxine hydrochloride)	30 mg	1500%
Folic acid	400 mcg	100%
Vitamin B12 (as methylcobalamin)	500 mcg	8333%
Calcium (as calcium glycinate)	16 mg	2%
Chromium (as chromium picolinate)	150 mcg	125%
Proprietary Blend	608 mg**	
Citrus reticulata/Nelumbo nucifera blend (Higenamine from Tangerine Peel/Lotus Seed), yerba maté extract, Caralluma fimbriata extract, green tea extract		

**Daily Value (DV) not established

Other Ingredients: Hypromellose (vegetarian capsule), rice flour, magnesium stearate, titanium dioxide

Not recommended for use by children under 18, or for anyone with a chronic medical condition. If pregnant or nursing, consult your physician prior to use. Keep out of reach of children. Store in a cool, dry place.