Plexus Nerve™

Relief for unpleasant nerve discomfort.*

Plexus Nerve is a specially formulated combination of vitamins, minerals, herbs, and amino acids to help support healthy nerve cells and nervous system. Don’t let occasional nerve discomfort get in the way of having a good day every day – get Plexus Nerve.*

Nutrition

Feel the Machine

Your body is a heart-pumping, life-loving, finely-tuned machine. That’s why you take every step you can to stay healthy and happy. You feed your body with the nourishment it needs and keep your blood flowing with regular exercise. But what about the billions of nerve cells that make up your body’s nervous system? Occasional nerve discomfort can slow you down – impacting everything from physical sensation to overall movement.

Plexus Nerve is here to help! When you add Nerve to your healthy lifestyle routine, you’ll have the support you need to feel your best and reduce unwanted occasional nerve discomfort. With a breakthrough formula that includes powerful extracts and natural antioxidants, it’s really a no-brainer. Make Nerve your new sidekick for a whole-body approach to your health.*

Nerve’s Primary Benefits

• May help reduce occasional nerve discomfort*

Nerve’s Advantage

• Gluten free
• Vegetarian

Who Should use this Product?

Nerve is made for anyone who may be experiencing occasional unpleasant nerve discomfort. With a specially formulated blend of vitamins, minerals, herbs, and amino acids, you can take a whole-body approach to your health by supporting your nerve cells and nervous system*.

Testimonial

"This 'can't live without' product has helped... I have tried several options out there and nothing helped... until NOW! Plexus Nerve is the real deal! I have been on Plexus Nerve for 3 months now, and for the first time in YEARS, I feel so much better!"*

Valerie **

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

**The benefits expressed are the individual’s option. Individual results will vary.
Frequently Asked Questions

**How do I use Plexus Nerve™?**
For best results, Nerve should be taken daily – not just when needed. Take one capsule, twice daily. You may take Nerve with or without food.

**Can I take Plexus Nerve with other Plexus® products?**
Nerve is a great addition to a Plexus regimen including Plexus Ease®. The combining effects of these products help you soothe away occasional discomforts that result from an active lifestyle and unpleasant nerve discomfort*.

**Can I take Nerve if I am pregnant, nursing, or have an existing medical condition?**
As with any supplement, we recommend speaking to your physician before starting any new supplement. They will be the best resource to answer these types of questions.

**Can Nerve be used by children under the age of 18?**
Nerve is not recommended for use by children under 18 because the product was formulated to meet the needs of adults.

**Is there caffeine or any other stimulants in Nerve?**
No.

### Ingredient Glossary

<table>
<thead>
<tr>
<th>Ingredient</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Acetyl L-Carnitine</strong></td>
<td>L-Carnitine is essential for transportation of fatty acids into the mitochondria for breakdown.*</td>
</tr>
<tr>
<td><strong>Alpha Lipoic Acid</strong></td>
<td>A potent natural antioxidant.</td>
</tr>
<tr>
<td><strong>Horse Chestnut Extract (from Aesculus hippocastanum)</strong></td>
<td>European relative to the Buckeye species in North America.</td>
</tr>
<tr>
<td><strong>Butchers Broom (from Ruscus aculeatus)</strong></td>
<td>A small perennial shrub with tough rigid leaves.</td>
</tr>
<tr>
<td><strong>Quercetin</strong></td>
<td>A natural antioxidant widely distributed in plants.</td>
</tr>
<tr>
<td><strong>Vitamin and Mineral Blend</strong></td>
<td></td>
</tr>
<tr>
<td><strong>Vitamin B1; Synonyms: Thiamine (as thiamine mononitrate)</strong></td>
<td>Vitamin B1 plays a crucial role in certain metabolic reactions and functions as a co-enzyme in energy production and carbohydrate metabolism. Every cell of the body requires Vitamin B1 to form adenosine triphosphate (ATP), which the cells of our body use for energy production.*</td>
</tr>
<tr>
<td><strong>Vitamin B2; Synonyms: Riboflavin (as riboflavin 5-phosphate sodium)</strong></td>
<td>Vitamin B2 is important for body growth and an important cofactor for the formation of other B Vitamins. Riboflavin-5-phosphate is the bioactive, tissue-ready form of Riboflavin.*</td>
</tr>
<tr>
<td><strong>Niacin; Synonyms: Vitamin B3 (as niacinamide)</strong></td>
<td>Niacin is required for cell respiration and helps release the energy in carbohydrates, fats, and proteins. Nicotinamide is a non-flushing (no redness or skin tingle) form of Vitamin B3.*</td>
</tr>
</tbody>
</table>

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**Ingredient Glossary**

**Vitamin B6; Synonyms: Pyridoxine (as pyridoxine hydrochloride)**
Vitamin B6 is a cofactor for enzymes that are involved in more than 100 reactions impacting the metabolism of protein, fats and carbohydrates. Pyridoxal-5'-phosphate (PLP) is active form of B6.

**Folic Acid; Synonyms: Folate, Vitamin B9**
Folic Acid is the supplemental form of Folate, which is essential for cell replication and growth.

**Vitamin B12 (as methylcobalamin)**
Vitamin B12 is needed for the function of all cells as it is required for normal cell growth and replication. Methylcobalamin is a bioactive and bioavailable form, immediately ready to be used by our body.

**Biotin; Synonyms Vitamin B7 (as d-biotin)**
Biotin has an important role in metabolic function. It assists in metabolism of fatty acids and utilization of B Vitamins.

**Magnesium (as magnesium glycinate chelate):**
Magnesium is one of the most abundant minerals in the human body, with half of Magnesium located in the bones and teeth. Magnesium is involved in over 300 enzymatic processes.

**Zinc (as zinc amino acid chelate):**
Zinc is an essential trace mineral that acts as a cofactor in approximately 300 different enzyme reactions, Zinc amino acid chelates are among the best forms of Zinc, being more absorbable than Zinc Sulfate, Zinc Acetate, Zinc Gluconate, or Zinc Oxide.

**Copper (as copper citrate):**
Copper is an essential trace mineral. Copper Citrate is a highly bioavailable form of Copper.

**Carriers and Non-Actives:**

**Hypromellose (vegetarian capsule)**
The capsule shell is made from hypromellose derived from pine trees. This capsule shell is non-GMO, vegan, kosher and halal.

**Rice Flour**
Ground rice starch used to help with proper capsule filling.

**Silicon Dioxide**
Moisture controlling agent that improves flow of ingredients during encapsulation.

**Magnesium Stearate**
Magnesium associated form of the fatty acid stearic acid. Used in small amounts to aid in the flow of ingredients during encapsulation.

**Titanium Dioxide**
Titanium dioxide is a naturally occurring mineral that is mined from the earth, processed and refined, and added to a variety of foods, as well as other consumer products. White in color, it is used to add pigment to the Plexus Nerve™ capsule.
**Supplement Facts**

**Serving Size 1 Capsule**
**Servings Per Container 60**

<table>
<thead>
<tr>
<th>Ingredient</th>
<th>Amount Per Serving</th>
<th>% DV</th>
</tr>
</thead>
<tbody>
<tr>
<td>Thiamin (as thiamin hydrochloride)</td>
<td>10 mg</td>
<td>833%</td>
</tr>
<tr>
<td>Riboflavin</td>
<td>2.5 mg</td>
<td>192%</td>
</tr>
<tr>
<td>Niacin (as niacinamide)</td>
<td>12.5 mg</td>
<td>78%</td>
</tr>
<tr>
<td>Vitamin B₆ (as pyridoxine hydrochloride)</td>
<td>5 mg</td>
<td>294%</td>
</tr>
<tr>
<td>Folate (33 mcg DFE (200 mcg folic acid))</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Vitamin B₁₂ (as methylcobalamin)</td>
<td>500 mcg</td>
<td>20,833%</td>
</tr>
<tr>
<td>Biotin</td>
<td>500 mcg</td>
<td>1,667%</td>
</tr>
<tr>
<td>Zinc (as zinc amino acid chelate)</td>
<td>5 mg</td>
<td>45%</td>
</tr>
<tr>
<td>Copper (as copper citrate)</td>
<td>125 mcg</td>
<td>14%</td>
</tr>
</tbody>
</table>

**Proprietary Blend**
- Acetyl L-carnitine, alpha lipoic acid, horse chestnut seed extract, butcher’s broom root powder, quercetin

†Daily Value (DV) not established.

**Other Ingredients:** Rice flour, hypromellose (vegetarian capsule), silicon dioxide, magnesium amino acid chelate, magnesium stearate, and titanium dioxide.

**NOTE:** Do not exceed suggested daily serving. Not recommended for use by individuals under 18. As with any dietary supplement, consult your physician prior to use if you are pregnant, nursing, have or suspect a medical condition, or are taking medication. Do not use if inner safety seal under the cap is broken or missing. **Keep out of reach of children. Use only as directed.** Store in a cool, dry place.