

Plexus TriPlex™

Healthy gut. Happy you.®
And weight loss too.*

It's the gut health solution your body didn't know it was missing.
And now, it's better than ever—offering two targeted paths to
weight loss, tailored to meet your specific goals!*



Nutrition

For millions of people around the world, healthy weight management is a real challenge. Poor eating habits and an unbalanced gut microbiome are two major factors that contribute to this growing crisis. Plexus TriPlex is the innovative system, clinically demonstrated to support weight loss with targeted solutions for both hunger control and optimal gut health.*

THE UNHEALTHY LIFESTYLE CRISIS

We all need food to live, but healthy diets are hard to stick to. High-calorie, processed foods have become increasingly available, accessible, and affordable.¹ Triggers such as stress and mood states also contribute, as they can increase the desire to eat “comfort” foods and lead to excessive binge eating.^{2,3}

With these unhealthy lifestyle factors rapidly increasing, it's no wonder that developing healthy eating habits is a critical component of successful weight management.

THE GUT HEALTH CRISIS

Did you know that real health begins in your gut? Your gut microbiome helps to head up natural detoxification processes, aids in weight management, supports your immune system and mood, and keeps the digestive system in balance.

Unfortunately, lifestyle choices and even the environment can affect the gut's delicate balance of healthy and unhealthy bacteria. This can impact the gut's ability to function optimally, and an unbalanced gut can lead to some major problems such as indigestion, gas, bloating, weight gain, and even mood swings.

How do you fight these negative influences and get your gut back on track? We're glad you asked.

Enter Plexus Triplex

Plexus TriPlex is a system that promotes weight loss and a healthier gut. By combining three popular Plexus® products – Bio Cleanse, ProBio 5, and Slim – we've created a powerhouse system that works to help get your gut back into balance and is clinically demonstrated to help you lose weight, and now its better than ever with two Slim options to personalize your goals.*

The TriPlex Trio

REMOVE HARMFUL MICROBES WITH BIO CLEANSE*

This incredible product works to remove harmful microbes and substances, supporting your body's natural detoxification processes. The combination of our magnesium and Bioflavonoid Complex helps clear out the gastrointestinal tract, meaning your digestive system can work the way it should.*

RESTORE BALANCE WITH PROBIO 5*

ProBio 5 helps restore a healthy balance to your intestinal tract and responds to imbalances in the gut. Its formulation delivers 2 billion microorganisms in each capsule at the time of manufacture. So yeah, it's kind of a big deal.*

CHOOSE YOUR TARGETED SLIM BENEFITS

Customize your TriPlex experience by choosing the Slim weight loss benefits you prefer. Whether you'd like to support healthier eating habits or unlock the power of an optimally-balanced gut microbiome, the Slim Family provides the solution you're looking for.*

Sources

¹ <http://www.nejm.org/doi/full/10.1056/NEJMoa1614362?query=TOC&>

² <https://www.hindawi.com/journals/job/2013/240128/>

³ <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC4026680/>

SLIM HUNGER CONTROL*

Stave off hunger with increased polydextrose, a unique fiber that attracts water and takes up space in your stomach to help you feel full and satisfied, and reduces your desire to overeat.*

SLIM MICROBIOME ACTIVATING*

Support optimal gut health with xyooligosaccharide (XOS). This special prebiotic fiber helps your microbiome thrive by activating friendly microbes like *Akkermansia*, which positively impacts disrupted metabolism associated with being overweight.[†]

TriPlex Primary Benefits

- Clinically demonstrated weight loss system*
- Helps keep intestinal yeast in balance*
- Helps support a healthy intestinal tract*
- Helps improve natural response to imbalance*
- Helps cleanse the gastrointestinal tract*
- Reduces gas, bloating, and discomfort*
- Helps promote regularity*
- Helps remove harmful microbes and substances*
- Supports your body's natural detoxification processes*
- Supports weight loss when combined with a healthy diet and exercise*

TriPlex With Slim Microbiome Activation Benefits

- Promotes the growth of good gut microbes[‡]
- Increases *Lactobacillus* by 365 times and *Bifidobacterium* by 290 times – contributing to overall health[‡]
- Increases the metabolism enhancing *Akkermansia* by 250 times[‡]
- Supports healthy glucose metabolism*
- Delicious raspberry, lemon, watermelon flavor
- Only 5 Calories

TriPlex With Slim Hunger Control Benefits

- Helps to reduce hunger*
- Supports healthy glucose metabolism*
- Delicious blood orange, lemon, lime flavor
- Only 20 Calories

TriPlex Advantage

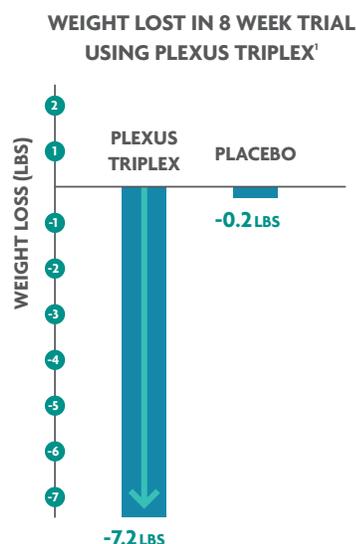
- Delivers 2 billion CFU per capsule at time of manufacture
- No artificial colors, flavors, or preservatives
- Gluten Free

Who Should Use TriPlex?

TriPlex helps improve overall health by focusing on the gut—an aspect of health which may have been previously ignored. TriPlex helps those looking for a healthy, safe way to support their gut health, mood, immune and digestive systems. TriPlex is also a clinically demonstrated option for those who want to lose weight. Its unique approach targets two major causes of weight gain; overeating and an imbalanced microbiome.*

CLINICALLY DEMONSTRATED TO HELP YOU LOSE WEIGHT.*

In a double-blind, placebo-controlled study, Plexus TriPlex™ has been clinically demonstrated to help you lose weight.*



*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

¹ Participants in an independent, randomized, double-blind, placebo-controlled, human clinical study who used Slim twice a day and Bio Cleanse and ProBio 5 lost an average of 7.21 pounds in 8 weeks, while the placebo group only lost an average of 0.19 pounds.

[‡] The results of an in vitro human gut simulator study suggest that Slim's formula may have several beneficial effects. Further research, including research conducted in humans, is needed to confirm these preliminary findings.

Frequently Asked Questions

When is the best time to take Plexus TriPlex™?

You should use the Plexus TriPlex system every day. Bio Cleanse should be taken twice daily—2 capsules in the morning, and 2 more at lunch. ProBio 5 should be taken in the evening, ideally before bedtime, and you can take up to 4 capsules. Slim Hunger Control or Slim Microbiome Activating should be taken 30-60 minutes before a meal, twice a day.

Can I take TriPlex with other Plexus® products?

Absolutely! TriPlex is the perfect complement to other Plexus products. The general guidelines below are for anyone who wants to simplify their supplement routine. These are just suggestions, and ultimately as everyone's body is unique, you should do what works best for your body and lifestyle.

Daily Guidelines

AM OR WITH MEAL	30-60 MIN. BEFORE MEAL	PM OR WITH MEAL
XFactor Plus	Slim (Twice daily) <small>Microbiome Activating or Hunger Control</small>	ProBio 5
VitalBiome.	Block	Bio Cleanse**
[Accelerator+ or Boost]		MegaX**
[Nerve]**		[Ease]
Lean		

**May be taken AM, before meal, or before bed

What are the main benefits of taking Plexus TriPlex?

Plexus TriPlex promotes a healthier gut and supports weight loss. It can help with intestinal discomfort, gas, and bloating, while also benefiting your mood and your immune system. TriPlex with Slim Microbiome Activating provides gut microbiome rebalancing benefits due to its XOS prebiotic fiber. TriPlex with Slim Hunger Control features increased levels of polydextrose, a unique fiber that takes up space in your stomach, helping you to feel full longer and reduce your desire to overeat. Each targeted solution offers

unique benefits to help you maintain healthy glucose levels and effectively manage your weight.*

What sets Plexus TriPlex apart from other products?

Healthy weight management is a real challenge for millions of people. Poor eating habits and an unbalanced gut microbiome are two major contributing factors that can make weight loss more difficult. Plexus TriPlex is a clinically demonstrated system that supports weight loss with targeted solutions for both hunger control and optimal gut health.*

Is there a clinical study on TriPlex?

Yes, TriPlex has been shown in a clinical study to encourage weight loss. Participants in the study were shown to lose over 7 pounds in 8 weeks.¹

Can I take VitalBiome™ with TriPlex?

Yes, VitalBiome is a perfect companion for TriPlex. We suggest taking VitalBiome in the morning and ProBio 5 at night. Bio Cleanse and Slim can be taken as usual.

Can Slim Microbiome Activating and Slim Hunger Control be used together?

Yes! For increased health benefits, combine Slim Hunger Control with the microbiome-activating benefits of Slim with XOS. Designed to work hand in hand, our Slim family helps you lose weight and supports a healthy glucose metabolism.*

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